

THE Paladin



Knights of Columbus Arden/Carmichael Council 4970 District 9 – Division 4
Serving Our Lady of the Assumption, St. Ignatius of Loyola, and St. John the Evangelist Parishes



SEPTEMBER 2022

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Fraternity

By Tim Spinelli, Grand Knight

I joined the Knights of Columbus when the initiation ceremony was still performed in secrecy. I wasn't sure exactly what I was getting myself into, I only saw that the gentlemen in the organization were the ushers, eucharistic ministers, cantors, and lectors from mass. There are many famous quotes about fraternity that give advice on surrounding yourself with those who are happy or successful or productive. The quote that kept coming to mind for me was Groucho Marx's "I would never belong to a club that would have me as a member."

I joined anyway. And I am very glad I did. The gentlemen of our counsel, my Brother Knights, welcomed me with the ribbing expected of any fraternal organization, but they were genuinely welcoming. A couple of the seasoned brothers quickly strong-armed me into becoming the Recorder with assurances that I would get plenty of support. I have come to the realization that this is the whole point to our counsel: to support those around us. And not just you and me, but other people we know, and many we don't. We can rely on each other in our communal goal of supporting others, making our job easier and more fun.

When you next encounter a Catholic gentleman, consider inviting him to join us. This is not just a recruitment to spread our workload, but a chance to bring another gentleman into our fold and provide him the support to grow as a catholic gentleman. To become a better husband, a better father, a better parishioner, and a better leader. Think about what benefits the Knights have given you. Let's share that.

COUNCIL 4970 BIDS FAREWELL TO BROTHER RICK DI REGOLO

By PGK Joe Romanazzi



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Our Annual ID Drive

By PGK Joe Romanazzi, Chairman

Our Council's annual ID Drive is coming soon. Each year our Council hands out thousands of free Tootsie Rolls in an effort to raise money for Camp ReCreation, a camp sanctioned by the Sacramento Diocese for intellectually disabled teens and adults. This is part of our LIFE focus in the Faith in Action commitment.

Our public activities this year will be conducted at three churches and one retail establishment--- St. John the Evangelist, Our Lady of the Assumption, St. Ignatius of Loyola, and Emigh Hardware.

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September Calendar

Sep 13 – Business Meeting 7:30 pm
Our Lady of the Assumption

Sep 15 – Ladies Luncheon
Lion's Gate Restaurant

Sep 18 – SI Family Festival
Saint Ignatius Church

Sep 20 – Rosary 7 pm
Zoom

Sep 22 – Bible Study 7 pm
Rose Room, Saint Ignatius

Sep 27 – Planning Meeting 7:30 pm
Our Lady of the Assumption

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Please volunteer your help when the time comes so that we can make this important Council project another success in 2022. PGK Peter Mendenhall, formerly a member of Council 4970 and now a member of Council 15693, has once again volunteered to help with our ID Drive as needed. Thank-you Brother Peter for demonstrating your fraternal spirit.

Here are the confirmed dates for our ID Drives:

| | |
|------------|----------------|
| Oct. 1-2 | SJE |
| Oct. 8-9 | OLA |
| Oct. 15-16 | Emigh Hardware |
| Oct. 22-23 | SI |

Letters have been mailed to all members on our current roster, including our widows. The letter seeks monetary donations from those Knights and Lady Knights able to give. Not surprising, the call for Council assistance last year was answered in a BIG way with about \$10,000 donated.

Please join me in praying that Our Lord and Blessed Father Michael J. McGivney continue to guide our efforts in serving these special brothers and sisters. We are all made in God's image, and we can't neglect those we meet on the pathways of our earthly journey. The folks with intellectual disabilities only desire to participate fully in what life has to offer, just like the rest of us. Council 4970 is standing tall to help make this desire a reality again next summer.



A Knight at Leatherby's

By Todd Wilson, Advocate and Ice Cream Social Chair

Our annual Family Ice Cream Social was held at our favorite "water hole" Leatherby's Family Creamery on Arden Way. The 21 attendees included 7 Brother Knights, 6 Lady Knights, our District Deputy Chris Ornelas, and family members. We all enjoyed those monster Ice Cream Sundaes, some larger than others, and other great menu items. Spirited social conversation and fellowship blended in with others who were enjoying their Sundaes at other tables. Just think, it's only one short year until we can all go off our diets and attend this family get-together. I thank Ray Fischbach and Lady Knight Pat for volunteering to chair this event next year. Thanks for everyone's support these many years I was privileged to host this event



COUNCIL 4970 OFFICERS

Grand Knight

Tim Spinelli (916-812-0518)

Chaplain

Fr. Eduino Silveira (916-481-5115)
pastor@olaparish.net

Deputy Grand Knight

Will Friesen (916-225-2440)

Financial Secretary

Dcn. Larry Niekamp (916-962-1324)

Chancellor

Frank Consulo (916-366-7131)

Warden

Peter Kilkenny (916-692-5446)

Guards

Tim Kyle (510-619-5138)

Steve Hall (916-787-1069)

Treasurer

Steve Millner (916-502-3162)

Recorder

Gary Mello (916-996-7438)

Advocate

Todd Wilson (916-961-2761)

Lecturer

Jerry Butler

Trustees

Miguel Sabral (916-397-1728)

Michael Dougherty (916-470-7599)

Josh Figueroa (707-812-4894)

District Deputy - District 9

Chris Ornelas

Insurance Field Agent

Greg Bronson (530-503-7473)

That Old Familiar Song Heard Anew

By Mike Fazio, Editor

A few weeks ago, the BigTen Conference announced a new media rights package, resulting in some new networks covering BigTen sports, including football. As part of the media announcement, CBS (one of the new broadcast partners) created a montage of BigTen highlights to the music of its iconic college football theme. Used since at least the 1990's to herald the start of an SEC contest, its music now will signal the start of the BigTen game of the week on CBS. [You can listen to it here.](#) Same theme music with different teams. Something old used for something new, something different, something yet unknown. And some people will love it, others will decry it for reasons as varied as the stars. But it will be different than it was before.

Now, what do college football themes, conference transitions (hello, UCLA and USC), and changing times have to do with our faith? Many of us grow up in our faith with certain songs, certain readings, certain parts of the mass or sacraments that impact us. They make an impression on us—hopefully a good one, but sometimes not. We become accustomed to the same songs at mass, certain readings at certain times of year, certain ways Father X or Parish Y does the mass. Variation from those “norms” are often met with consternation. I have seen it in my own parishes and Catholic communities I have been a part of. Simply put, people don't like change.

But when we don't allow change or the possibility of change to influence our life, we become stale. We don't allow the Holy Spirit to transform us into the people we are capable of being. We stop growing.

The same is true of the many Catholics who have stopped attending mass. For reasons ranging from the painful to the trivial, many Catholics have stopped attending mass. It is neither important nor enjoyable for them to attend. For these Catholics, it's the same old song. But even that same old song can be heard anew.

So, my message for all is this: listen to the song again and anew. In other words, be open to change in the church and in our faith—changing your mind about the church, opening your mind to new ways of saying the mass or considering doctrine or how to minister to those on the margins. Our world is changing—be open to what the Holy Spirit can do in our lives through those changes. Maybe God is calling for a transformation in our lives through these changes. And don't be afraid of the power of change and renewal. And maybe you will like that old song again in a new and different way.

St. Ignatius Family Festival!

Only two weeks until the St. Ignatius Family Festival!

Join us Sunday, Sept. 18 from 10:30 AM to 4:30 PM

Something for everyone—kids, adults, seniors

- Bingo
- Cake Walk
- Free games for children and adults
- Knights of Columbus BBQ, taco truck, Khaled's Greek/Mediterranean food truck
- Live musical performances from St. Francis and Jesuit High School students & others
- Beer
- Bookstore
- Jigsaw puzzles, corn hole, horseshoes
- Bubbles, Face Painting
- Free donuts after 9:30 Mass



We still need folks to help with the BBQ. Contact Mike Fazio with questions or to assist at mfazioshu3@gmail.com or 973-747-6007.

JOE'S CAFÉ...Stop by for a tasty bit!

By Joe Romanazzi, Past Grand Knight

Our Lives Are Short, Make Every Moment Count

The sentiment in the poem that follows is thought-provoking and carries with it a very powerful message. I was not able to verify the original author to my satisfaction, but some believe it may have been Marianne Baum, a German born Jew executed by the Nazi's in 1942.

Every Minute Someone Leaves This World Behind

Age has nothing to do with it.
We are all in this the line without realizing it.
We never know how many people are before us.
We cannot move to the back of the line.
We cannot step out of the line.
We cannot avoid the line.
So, while we wait in line-
Make moments count.
Make a difference.
Make the call.
Make priorities.
Make the time.
Make your gifts known.
Make a nobody feel like a somebody.
Make your voice heard.
Make the small things big.
Make someone smile.
Make the change.
Make yourself a priority.
Make love.
Make up.
Make peace.
Make sure to tell your people they are loved.
Make waves.
Make sure to have no regrets.
Make sure you are ready.



My Brothers, the poem reminds us to tell people how much they are loved and how important they are to us. It also reminds us to use our time wisely and to be prepared for the final journey to meet Our Lord and Savior Jesus Christ. As faithful Catholic Knights, we know **HE is the WAY, the TRUTH and the LIFE.** (~John 14:6)



Left: The Knights at the Rivercats

Right: Father Abraham posed with two of St. John the Evangelist's newest altar servers, Lucas (L) and Robbie (R) Spinelli, prior to the beginning of the 8:00 A.M. Mass on August 28, 2022



PRAYER LIST

Names on the sick/distress list are removed after being on the list for more than one year. Names may be reinstated simply by contacting Will Friesen at will.friesen@friesen-research.com, or by personal request at any meeting. Some very long-term entries (marked with an asterisk) will remain since they are known special cases. Names will continue to be removed each month as their anniversary occurs.

Brothers, families, and friends listed below will be remembered during our business meetings:

Aborted Children
All Caregivers of the sick
Mario LaSchiazza
Ben Dougherty
Joe Kievernagel
Mark Kievernagel (dec)
Richard Hill (dec)
Steven Koscheski (dec)
Pope Francis
Father Dave Ayotte (dec)
Don and Joan Cotton
Richard Shuttz (dec)
Michael Aseltine (dec)
Christopher Scott (dec)
Bill Davis
Jacintha Ezeudoye (dec)
John DePiazza (dec)
Robert Sholtes(dec)
Rick Di Regolo (dec)
Frank Gianattasio (dec)

Lady Knights:

Danielle Corcoran

To report illness or death contact
Fraternal Committee
PGK Michael Dougherty

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Fraternal Brother and Sir Knight Richard “Rick” DiRegolo, 70, passed away peacefully at home surrounded by his family on July 20, 2022. Brother Rick battled cancer for many years. He served as an inspiration to all of us who knew him by the way he endured the daily trials and tribulations of his dreadful disease. His crosses were numerous, yet he never complained. He chose instead to pray and submit to the will of God. Brother Rick was a member of the Knights of Columbus since November 12, 2012. He was elected our Warden a number of times and was an active participant in many activities sponsored by the Knights. He and his family were honored as Council 4970’s Family of the Month in 2017.

Brother Rick worked as an adaptive PE teacher in the San Juan School District his entire career, often coaching high school sports. He was an avid sports enthusiast, especially when it came to the SF Giants. He also enjoyed outdoor activities like hunting, fishing, hiking and camping with family and friends.

Brother Rick’s Vigil and Rosary were on August 12, 2022 in his home parish of St. John the Evangelist Church (SJE). Brother Ken Macdonald led the praying of the Holy Rosary. Rick’s funeral Mass was held the next day on August 13, 2022, the feast day of our organization’s Founder, Blessed Fr. Michael J. McGivney. Both events were well-attended by a large group of Knights and Lady Knights, family members, friends, and fellow parishioners. The funeral Mass was celebrated by SJE Pastor Emeritus Fr. Thomas Bland who was joined at the altar by Deacon Jack Wilson. Deacon Keith Johnson, handled the internet broadcast. SJE’s Parish choir did a marvelous job of setting a reverent tone for the Mass.

Brother Ken Macdonald and PGK Joe Romanazzi presented Lady Knight Barbara with a Resolution of Condolence and a pair of Rosary beads blessed by our Supreme Chaplain, Archbishop William E. Lori. The Fourth Degree was represented by SK Michael Langer and SK Frank Donagher from Bishop Manogue Assembly 50 and SK John Habr from Christ the King Assembly 2797. They provided an Honor Guard and performed a Chalice Ceremony adding to the solemnity of the services. Photos below.

Brother Rick is survived by his wife, Lady Knight Barbara, and by four children and two grandchildren. Brother Rick’s mortal remains were cremated after his church services and his ashes were interred at Calvary Cemetery in Sacramento.

Good-bye for now Brother Rick until the day we all meet again up yonder in our Heavenly home. May the angels lead you to Paradise and may your soul and the souls of all of our deceased Council 4970 Brother Knights rest in eternal peace. Amen.

Special Note: A Mass requested by our Council for the repose of Brother Rick’s soul will be celebrated at St. John the Evangelist Church in Carmichael on Thursday, October 13, 2022, at 8:30 A.M.

Program Directors

Sr. Program Director

Will Friesen (916-225-2440)

FAITH

Ken MacDonald (916-284-6541)

FAMILY

Shawn Herrick (916-607-0404)

COMMUNITY

Loren Wallin (916-878-7777)

LIFE

John Mizerak (916-332-5511)

COUNCIL AFFAIRS

Will Friesen (916-225-2440)

Selected Service

Committees

Youth

Loren Wallin (916-723-2970)

Membership Director

Joe Kievernagel (916-487-7029)

Membership Committee

Ken Macdonald (916-631-0774)

Public Relations

Gene Gobbo (916-283-5223)

egobbo@surewest.net

Paladin Content Editor

Michael Fazio (973-747-6007)

mfazioshu3@gmail.com

Paladin Layout Editor

Will Friesen (916-225-2440)

will.friesen@friesen-research.com

Photographer

Jerry Marenich (916-514-8027)

KNIGHTS OF COLUMBUS
ARDEN – CARMICHAEL COUNCIL 4970
PO BOX 175
Carmichael CA 95609

**ELECTRONIC SERVICE
REQUESTED**



Knights that stepped up:

Left: GK Tim Spinelli presenting PGK Michael Langer with his Honorary Life Membership card.

Right: The newly installed Council 4970 Officers for CY 2022-23. The installation occurred prior to the start of the Business Meeting.



Knights of Columbus Ladies' Luncheon

By Jean Gobbo

Another fun enjoyable ladies' luncheon was held last month at Danielle's. It was great and everyone enjoyed the food and gossip. We were happy to have two new faces join us, Pat and Mary Ellen. Sure hope you girls make it from now on!

Our next luncheon is set for Thursday, September 15th, at the Lion's Gate Restaurant at McClellan Park, the former Officer's Club for the base. We will meet at 1 PM as always. There is no gate any longer as you enter onto the facility. Any questions? Please call Glenda MacDonald at 916-631-0774 or myself, Jean Gobbo, at 916-283-5223.

